



# Kyoshin Ryu Karate Academy

More than just Punching and Kicking, We Help You Grow

## Class Schedule – 2010

### Monday

- 9:30 – 11:-00 Comm. Ed Yoga  
3:45 – 5:00 Tamashii Kurabu  
5:00 – 5:45 Children's Class  
5:45 – 6:30 Advanced Children's Class  
6:30 – 7:15 Adult's Class

### Tuesday – North Branch

- 5:30 – 6:15 Beginner and Advanced Class

### Tuesday – Forest Lake

- 4:00 – 5:15 Beginning Yoga  
5:30 – 6:45 Yoga  
7:15 – 8:00 Family/Mixed Class

### Wednesday

- 4:00 – 4:45 Advanced Children's Class  
4:45 – 5:30 Children's Class  
5:45 – 6:15 KinderKarate  
6:15 – 7:00 Kobudo

### Thursday

- 8:00 – 9:15 Yoga  
9:30 – 10:15 Adult's Class  
5:30 – 7:00 Nyunanshin Kurabu

### Friday

- 4:15 – 5:00 Children's Class  
5:00 - 5:30 KinderKarate  
5:30 - 6:15 Adult's Class  
6:15 - 7:00 Family/Mixed Class

**Private lessons are available upon request  
in ½ hour or 1 hour lessons.**

## Closed Schedule – 2010

The dates listed below there will be no classes at any dojo or day care program. This includes karate, KinderKarate, kobudo, and yoga.

Note: There may be additional days closed that are not listed. Notice will be given as needed.

January 1-3

April 2

May 28-31

July 2

August 30 – September 6

October 21 – 22 (MEA)

November 25 – 26

December 24 – January 2, 2011

### Testing Weeks

Black Belts March 27

January 25

March 29

May 30

July 26

September 27

November 29

### Kobudo Sessions

Jan 20 – Feb 24

Mar 17 – Apr 21

May 12 – Jun 16

Sep 15 – Oct 20

Nov 10 – Dec 15