



Dojo Kun (Student Creeds)

- 一 I will avoid all things which could possibly reduce my mental growth or physical health.
- 二 I will develop self-discipline and will never forsake a task, once undertaken, until it is completed to the best of my ability.
- 三 I will always strive to bring out the best in myself and in others.
- 四 I will always show respect to my parents, to those senior to me, and to those below or less fortunate than myself.
- 五 I will always honor my word and commitments.
- 六 I will only use karate constructively and defensively, to aid my fellow man, and to better the world around me.